



Daree Allen, MS, CLC is an authorpreneur, speaker, life coach and talk show host. She is an experienced workshop presenter for youth and adult discipleship classes and has presented numerous professional and personal development topics at organizational chapter meetings, workshops, conferences, schools, and universities across the country for such organizations as

Institute on Violence, Abuse and Trauma (IVAT), The Daniel Memorial Institute, The Society for Technical Communication (STC), the Society for Human Resource Management (SHRM) at Strayer University, and the University of Houston's BLACKE Student Summit. She has also been a mentor and facilitator, conducting divorce recovery workshops, and a Toastmasters Youth Leadership program. As an authorpreneur, Daree wear many hats:

- Author
- Empowerment Coach
- Self-Esteem Youth Media Advocate
- Technical writer
- Independent publisher
- Host of the *Kickin' it with Daree* podcast

Daree is the author of three books: *What's Wrong With Me?: A Girl's Book of Lessons Learned, Inspiration and Advice* is a mentoring book for teen girls, released in 2012 by Kharacter Distinction Books. Part memoir, part self-help, *What's Wrong With Me?* encourages girls to embrace their uniqueness, learn to love themselves and stay close to God. The companion book, the *What's Wrong With Me? Reflections Journal* digs deeper into the contemporary topics discussed in the book *What's Wrong With Me?* that affect teen girls' everyday lives. With interactive, thought-provoking workbook-style questions and fill-in-the-blank exercises, girls can openly and honestly record their thoughts and feelings to help them release tension and understand the world around them. The self-discovery, revelation and release will lead to profound fulfillment and start their own life-long practice of journaling. Her third book, *Ending the Blame Game: Black Single Fathers on Relationships* was published in 2014.

An award-winning author, Daree won the 2013 Stiletto Women in Business Award

(SWIBA) Author of the Year Award for her book *What's Wrong With Me?* This book was also finalist in the 2012 ForeWord Reviews Awards and 2012 IndieReader Discovery Awards competitions (both in the Young Adult Nonfiction category). In 2010, Daree was one of the top 100 winners of the Writer's Digest 79th Annual Writing Competition, in the Magazine Feature Writing category. In 2009, Daree was one of the 25 essayists personally selected to have their work appear in Rev. Dr. John E. Guns' devotional book, *Journey to Wholeness: The Immersion* (2011).

In addition, Daree has been a contributing writer for several magazines and blogs including About.com, The Dollar Stretcher, Hope for Women Magazine, and Clutch Magazine. This writing is in addition to her over 15 year-career as a technical writer. Daree holds a Bachelor of Science in Professional and Technical Communication from the State University of New York at Utica/Rome Institute of Technology and a Master of Science in Interdisciplinary Studies in Management from the University of Maryland University College (UMUC) in Adelphi, MD.

